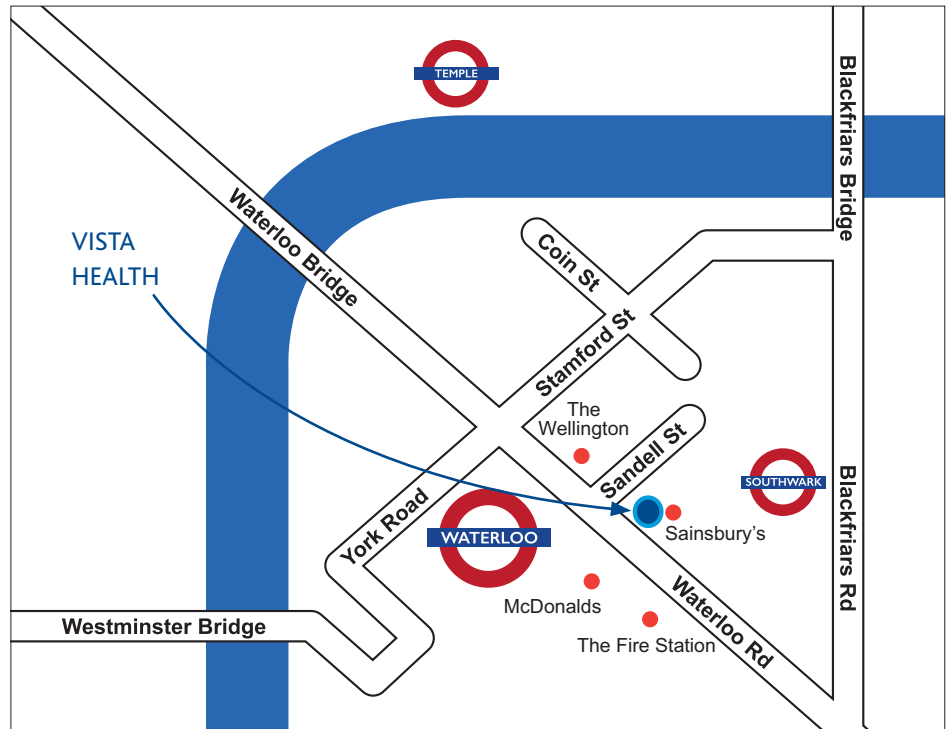


## HOW TO FIND VISTA HEALTH WATERLOO

**1st Floor, Capital Tower, 91 Waterloo Road, London SE1 8RT**

Capital Tower is located opposite the lower Waterloo station entrance leading on to Waterloo Road and on the corner of Sandell Street.

Waterloo Station is on the Bakerloo, Jubilee, Waterloo & City and Northern Underground Lines and also on many overland lines serving South East London, Kent and East Sussex.



### BY ROAD

Sat nav: SE1 8RT – Capital Tower is on the entry of Sandell Street with the Wellington Pub at the corner. There is no parking available at this centre. In Borough of Lambeth Blue Badge Holders can park on a single yellow line as long as a parking clock is displayed.



### BY TUBE

Via Jubilee line follow the “Way out” signs which will lead you to the lower station exit on to Waterloo Road; Via Bakerloo, Northern and Waterloo & City Lines please follow signs to the main train station, opposite platform 5, follow signs for Exit 2 (follow signs to McDonalds); use the escalators and exit the station; opposite the station entrance you can see a glass office building called Capital Tower. Cross the road and enter the main entrance of the building on the corner.



### BY RAIL

By Train to Waterloo station: from the main platform area, opposite platform 5, follow signs for Exit 2 (follow signs towards McDonalds); use the escalators and exit the station; opposite the station entrance you can see a big office building called Capital Tower. Cross the road and enter the main entrance of the building.



### BY BUS

Buses depart from several points around the station closest ones are **1, 26, 59, 68, 76, 77, 139, 168, 171, 172, 176, 188, 211, 243, 341, 281, 507, 521, 507, 521).**