

# Private DEXA scan Summary Sheet

Vista Health offer DEXA scans with reports returned from our specialist consultants within 3 working days.

A DEXA scan measures the density of your bones and can help detect other potential bone disorders and conditions, such as osteopenia, brittle bone disease, and osteomalacia.

## Why Vista Health?

- Price only **£125**.
- Quick access with same day and next day appointments.
- Multiple locations – Available at Ealing, Enfield, Milton Keynes and Southampton.
- All scans carried out by highly-qualified, experienced Radiographers.
- Your digital scan images available online and a full written report within 3 working days.
- Friendly and professional patient care team.

## Affordable and convenient

Price only

**£125**

## Good to know

DEXA (Dual-energy X-ray absorptiometry) is a means of measuring bone mineral density. A DEXA scan can diagnose if you are at a higher risk of bone disorders and conditions, such as osteoporosis.

DEXA scans use low levels of X-ray beams to produce detailed images of your bones. The scans are quick, safe and painless.

You may need a DEXA scan if you have (or have had) any of the following:

- ***Osteoporosis, or a family history of Osteoporosis.***
- ***A fracture after a minor fall or injury.***
- ***Early menopause or early hysterectomy.***
- ***A family history of fractures.***
- ***Low body mass index (BMI) < 21.***
- ***Suffer from an eating disorder.***
- ***Rheumatoid arthritis.***
- ***Inflammatory bowel conditions (irritable bowel syndrome, Crohn's disease).***
- ***Are on medication which may increase the risk of osteoporosis.***
- ***Hyperthyroidism (overactive thyroid).***

## How do I book a DEXA scan with Vista Health?

Speak directly to one of our dedicated patient care team directly on **03300 572317** Monday to Friday 8am-8pm, weekends 8am-1pm.

## OR

Send your referral directly to our patient care team and we will contact you within 24 hours –

**[booking@vista-health.co.uk](mailto:booking@vista-health.co.uk)**